# **SDSU**

**Global Campus** 

International Programs



# San Diego Facts

- California's second largest city
- Nearly 1.4 million residents
- Average weather in Summer 69°F to 77°F Winter 52°F to 66°F
   Converting °F to °C: (°F-32) x 5/9 = °C
- 31 beaches
- The birthplace of California burrito
- 2 hours south of Los Angeles

# Transportation

### MTS

- Trolley
- Bus

## Ridesharing

- Uber
- Lyft

#### Car Rentals

- At least 21-year-old
- <u>Dirt Cheap Car Rental</u>
- Express Ren-A-Car

## Parking on Campus

Park in any "S" student lots

## Bike / Skateboard

Bring your own lock

## Driving

As a nonresident, you can drive in California with your home country's driver's license.

If you are staying for at least one semester, you can get a <u>California driver's license</u> at the DMV.

#### You will need:

- Make an appointment online <u>here</u>
- Passport, F-1 visa, form
   I-20 and two forms of
   U.S. address verification
- Proof of financial responsibility (auto insurance)

# Banking

To open a bank account you will need:

Passport, F-1 visa, form
 I-20 and a form of U.S.
 address verification

Bring the aforementioned items and student ID card if you want to open a bank account at one of the two banks located on campus:

- California Coast Credit
   Union
- US Bank

Money transfer services are also available nearby campus:

- Western Union
- Money Gram

## Services

## Postal Service

- USPS
- <u>UPS</u> on campus

#### Laundromat

 Bring your own laundry bag, detergent, and coins.

#### **Furniture Rentals**

- Cort Furniture
- Brook Furniture Rental

Your phone must be unlocked if you want to use a local carrier service:

- Pre-paid
  - AT&T/T-Mobile
- eSIM
  - GoogleFi
  - Mint Mobile
  - Tello

# International Food Markets

#### Farmers' Markets

- La Mesa
- La Jolla
- Ocean Beach
- <u>Hillcrest</u>
- <u>Little Italy</u>

## European Markets

- Balboa International Market
- The Market by Buon Appetito
- Continent European Deli

#### Asian Markets

- H Mart
- Nijiya Market
- Marukai Market
- 99 Ranch
- Seafood City

#### Latin & Caribean Markets

- Andres Latin Market
- Carnival Supermarket
- Tropical Star Restaurant
   & Specialty Market

# Middle East, South Asia, African Markets

- Namaste Plaza
- Himalayan Bazaar
- Awash Market

## Local Markets & Pharmacies\*

- Trader Joe's
- Vons
- Ralphs
- Target\*
- Walmart\*
- CVS\*
- Rite Aid\*

## Cuisines

# Common sites and apps to look for recommendations and to make reservations:

- Google reviews
- Yelp
- OpenTable

#### Asian

- Convoy District
- National City

## Hispanic/Mexican

- Barrio Logan
- Chula Vista

## European

- Little Italy
- North Park

## **Brewery**

- North Park
- Downtown



# Sports and Recreation

Your tuition includes student membership to the following SDSU affiliated facilities unless otherwise indicated:

- Aztec Recreation Center
   (ARC)
- ARC Express
- Aquaplex
- Aztec Adventures
- Intramural sports
- Aztec Lanes (2 free games of bowling per day)

In addition, the Mission Bay
Aquatic Center located in the
Mission Bay Park is available
to students who are
interested in learning a wide
variety of watersports, such
as surfing and sailing.

Off-campus Sports Leagues

- Badminton
- Baseball
- Basketball
- Soccer
- <u>Swimming</u>
- Table Tennis

Bachata and Salsa

Majesty in Motion

Hiking Trails in San Diego

AllTrails

Find local groups of likeminded people or hobbies

Meetup

Find out more about different sports in San Diego <u>here</u>.

# Reaches

San Diego has a total of 31 beaches and here are some popular ones:

- Pacific Beach
- Mission Beach
- Ocean Beach
- Coronado
- La Jolla Shores Beach
- Black's Beach

Always look out for <u>signs</u> before entering the water!





# SDSU Resources

Counseling & Psychological Services is here to serve on or off campus when you need. Feel free to reach out at any time:

- Calpulli Center
  - Student HealthServices
  - Student Ability
     Success Center
  - Well Being & Health
     Promotion
- Community Resources
- Online Resources
- Economic Crisis
   Response Team (<u>ECRT</u>)
- Online assessment for mental health and stress
- Sexual Misconduct and Response & Prevention

# Safety First

- Remember to lock your car and secure all valuables out of sight.
- Lock doors and windows when you leave home.
- Pay attention to your surroundings.
- Do not walk alone at night.
   Avoid poorly lit streets at all times.
- Do not accept food or drinks from strangers.
- If you are confronted with a weapon, give the criminal whatever personal belongings they ask for.
- For help, dial 911 or activate any Emergency "Blue Light" Duress Phone on campus.

STAY SAFE

## **Emergency Contacts**

- Dial **911** for emergency
- San Diego Police Nonemergency Line
  - o 619-531-2000
- Poison Control
  - o 800-222-1222
- On Campus
  - SDSU Police
    - **619-594-1991**
  - International Programs
    - **619-594-5907**
  - "<u>SDSU Safe</u>" app
- Emergency Room (ER)
  - life threatening emergencies only
- Urgent Care
  - non-life threatening and can't see your doctor soon enough
- Be familiar with your health insurance policy and keep all receipts for claims.